

QUOTA FLASH

Quota International of Waterloo

Quick Bits

Spring Meeting Schedule

Tuesday, March 22, 2016

Covenant Medical Center

Rooms 10 & 11

*Meeting Only with Snacks
Bring Your Own Beverage*

Hostess Committee

Chris Lorenz, Cheri Harmsen, Angela Miller, Liz Poole, Rose Quirk

Program

Brunch Prep
Deanna Rustad, Chair

Tuesday, April 26, 2016

AEA 267 Conference Center

Room A

Hostess Committee

*Vicki Grimes, Chair; Teresa Sterrett,
Kerri Wilson, Carol Toppin,
Marilyn Moore*

Program

“Annual Meeting”
Year-End Reports/Installation of Officers

Tuesday, May 24, 2016

AEA 267 Conference Center

Rooms A & B

*Special Celebration Dinner
Catered by Patty Gaede*

Program

“Happy 90th Birthday”
Quota International of Waterloo

President’s Message

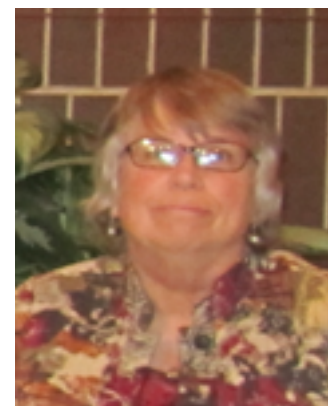
We’re having a great month! We will be initiating our 7 new members this month. This is really exciting!

The nominating committee has also found some incredibly good candidates for next year’s board of directors. Thanks for their efforts! We will be voting on the board at the March meeting.

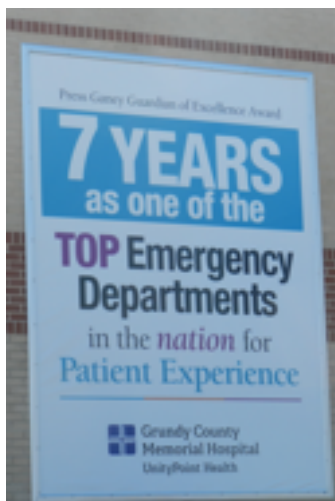
Brunch is coming! We’ll find out all about it at the meeting. Please try to help if you can. This is our second most important fundraiser.

Thanks to Sandy for hosting a new member get-together on March 15th at her home. I think it helped the new members get a better idea of what the different committees do and what the club is about.

Hope you all had a great St. Patrick’s Day! Have a Happy and Holy Easter!



— Mary Twaites



Sandy Lawry meets with Sara Hook, Emergency Room Manager of Grundy County Hospital, to receive their first delivery of Quota Care Bears. Sara was delighted to get the bears and will let us know when they need more. Congratulations Quota for reaching out to yet another community supporter!

March Birthdays

Jean Caughron (3/6)
Jo Moon (3/9)
Kathy Buzynski (3/14)
Robin Engelking (3/24)

April Birthdays

Teresa Sterrett (4/28)

Special Thank Yous



Thank you to **Mary McInnis Meyer** for her interesting and healthful presentation about the Field of Yoga Project at our February meeting. We appreciate the shoulder, neck and stress interventions she demonstrated and learning to take steps to intervene on behalf of ourselves! Great job!

A special word of thanks to **Sandy Lawry** who hosted our new member (and slightly new member) social gathering at her home on March 15th.

There were 8 new members and 1 guest who attended this informal event to get more acquainted with what Quota is all about. In addition, there were 7 Quotarians who either sponsored the new members or came to share something about a committee/project who also attended. Great food, good wine and fun conversation were the highlight of the night!
Thanks again, Sandy!

Food Bank Volunteers Over the Top at 96!



On **Wednesday, February 24th**, eight Quotarians added 16 more hours to the 66 hours previously clocked at the **Northeast Iowa Food Bank** in Waterloo. These hours brought our total volunteer hours to **82**. Pictured at left are the “dirty-handed” individuals (i.e., dirtied from ink markings on the food packaging) who bagged and packed foodstuffs from 5:00-7:00 PM that evening. Sharing their handprints of success for this

project are: Pat Hagerstrom, Oletha O'Donnell, Sandy Lawry, Mary Twaites, Ginny Salkeld, Robin Engelking, Carol Toppin and Kathy Buzynski.

Then on **Wednesday, March 2nd**, Quotarians and friends clocked an additional 16 hours at the Food Bank bringing our grand total volunteer hours to **98**. Excitement grows as the club reaches and exceeds yet another GOAL of 90! The work crew on March 2nd are pictured at right and included: Jill Harlan and her daughter, Ginny Salkeld, Marge Maurer, Kathy Buzynski and Sandy Lawry. Not pictured: Guests Nancy Taylor and granddaughter, Amari. The next volunteer session at the Food Bank is scheduled for **Tuesday, March 29th** from 5:00 - 7:00 PM.



Service Updates

The **Service to Disadvantaged Women & Children** committee brought forward four recommendations for distribution of funds at the February meeting that were accepted unanimously by the members present. The \$1,800.00 in monetary gifts to be distributed included the following:

- ◆ \$300.00 for Child Protection Services (Gas and Food Cards for clients)
- ◆ \$500.00 for the Job Foundation
- ◆ \$500.00 for Girl Scouts (Will pay fees for 2 girls for 1 year)
- ◆ \$500.00 for Eye of the Needle

Reminder: Annual Reports Due at April Meeting

**The “End-of-the-Year” is drawing near!
Please remember that all Quota committees
are required to make written reports for the club’s annual
business meeting in April. Thank you!**

Mary Twaites

March Membership Surge Welcome 7 New Quotarians!



Lynne Campbell

Lynne was introduced to Quota and is sponsored by Barb Burns. She joined our club for many reasons but mainly because of her dad who died in July 2015. "He was a huge part of my life and he was a great example for me of giving back, volunteering, and doing for others." Lynne attended the Quarter Auction, watched our video slide, and knew that this was something for her "one to fill a huge void in my life and also an opportunity to meet new people and help others.

And, my nest is empty!"

Lynne has worked at Covenant Medical Center for nearly 25 years. She is a Reimbursement Analyst in the Accounting Department. She is also an independent consultant with Scentsy. Lynne has lived in Waterloo her whole life. She graduated from East High in 1980. Lynne has been married to her husband Mitch for 26 years and has two children; a son, Zachary (25) and a daughter, Allison (23) who was married in May 2015. Kyle is her new son-in-law. No grandchildren yet but keeping her fingers crossed.

Lynne likes Chris Lorenz is the current holder of our clubs

history in the form of scrap books. I to have one scrap book. We



Signe Knief

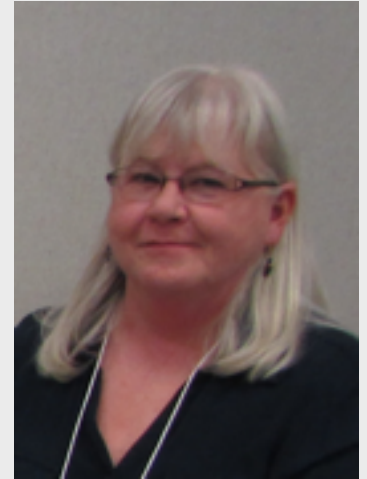
Signe joins our club having supported Quota for years by purchasing nuts. She now wants to be more involved. Ginny Salkeld is her sponsor.

Signe has lived in the area for 46 years. She moved to Cedar Falls in 1970 and then to Waterloo in 1976. She graduated from Mankato State with a B.S. in Speech-Language Pathology and from UNI with a M.S. in Speech-Language Pathology. Signe worked for 38 years with Area Education Agency 7/267 assigned to the Waterloo schools as a SLP before retiring. She is married to Gene and they have 7 children: Christopher (Jody) with grandsons Tom and Joe; Heather with grandson Chase; Tiffany (Brian Hackman) with granddaughter Hayden; Amanda; Nathan; Aaron; and Amber (Jeff Chase) with granddaughter Geneva. In her free time, Signe loves to read, camp, travel, spend time with her family and play with her dogs.

Pam wants to help the unfortunate and found out about Quota from a friend. She joins the club with the sponsorship of Marge Maurer. Pam has lived in Waterloo her entire life. She graduated from cosmetology school following graduation from high school and then worked for the Waterloo schools for 27 years. She retired from there in 2014. Pam has a son Eric (37) and a daughter Jenalee (34). She has 2 wonderful grandchildren, Amaya (5) and Riker (2). Pam enjoys watching movies, bike riding and shopping.

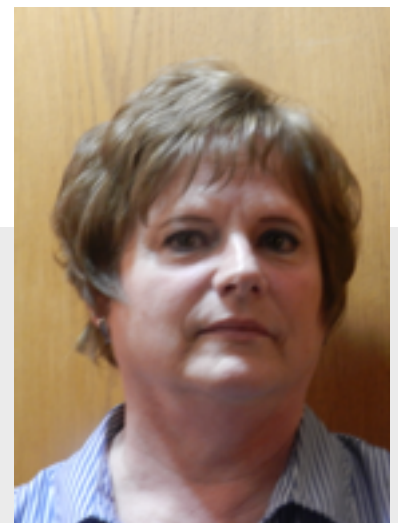
She also likes volunteering at the Salvation Army.

Pam has 3 dogs who she loves dearly: "Isabella" (3 yr. old Shichon Teddy Bear); "Carly" (2 yr. old Shichon); and "Phoebe" (1 yr. old Shichon Teddy Bear).



Barb Holzapfel

Barb joined Quota to meet new people and to volunteer in the community. She retired two years ago after working 20 years for the Waterloo Schools as a teacher associate. Marge Maurer is her sponsor. Barb enjoys reading, biking, football and spending time with family and friends. She has one daughter and 3 grandsons and 1 granddaughter. Barb also has two cats.



Pam Pook



Denise Maas

Denise comes to Quota through the sponsorship of Beth Hunemuller and has joined our club because she likes meeting new people and wants to give back to the community in ways besides professionally. She has lived in the Waterloo area for all of her life except during college years and the 3 years right after. Denise earned a B.S. in Fashion Merchandising and Design and was out in the corporate world for three years before realizing it wasn't the career for her. She then returned to school and got her M.A. in Mental Health

Counseling. Denise is currently working in her own private practice as a licensed Mental

Health Counselor. She has two daughters: Madelynn (12) and Eva (8). Her parents are Larry and Mary Maas. Denise loves her pets too!



Beth Hunemuller loves the energy of the women in our group AND the mission of the Quota Club. That's why she has joined us with the sponsorship of Marcy Hartleip. Beth has a B.A. in Psychology and a Masters of Social Work. She also has minors in Spanish and Biology with 5-12 Teaching/Coaching Certification. Beth has worked at

various jobs in the educational field ranging from AEA 267 as a Social Worker to teaching Spanish/Police Science/Social Work classes at Hawkeye and Wartburg. Currently, she works in an at-risk program at West High School as a teacher. Beth has lived in Cedar Falls since 1989 and is originally from Dubuque, IA. Her husband's name is Lind and they have two children: Wil (21) and Lizzy (16). Beth's passion is "rescuing dogs and finding homes for them...usually at my house!" She loves to travel, go to auctions and make jewelry out of vintage pieces as well as sell *Origami Owl* jewelry. (We'll try to snap a picture of Beth at her initiation in March. Look for her face in next month's issue of the *FLASH*.)

Decision on "Will Call" Tickets" for the Brunch

It was decided that "Will Call" tickets must be paid in advance to qualify for the \$10 ticket price. It is written on the tickets that if a ticket is paid for at the door, the cost will be \$12. It is felt by the club members that the club needs to honor the price stated on the ticket. The payment for the "Will Call" tickets should be included in the member envelope when it is returned to the captains on Saturday, April 16 or Sunday, April 17. The method you use to collect the "Will Call" money is totally up to you. Thank you for your understanding of this change in our ticket procedures. Contact Ann Tippett or Kerri Wilson if you have questions.

Mary Margaret or "Meg" has joined Quota with the sponsorship of Oletha O'Donnell. She likes volunteering for women and children issues. Meg has lived in the area since May of 1975. She was born in Milwaukee, WI and moved to the Los Angeles area in 1959 before coming to Iowa in 1973 to attend Mount St. Clare College, the same college her mom and aunt had attended. Meg earned her AA degree at Mount St.



Meg Heatley

Clare (1975) and her nursing degree at Allen School of Nursing (1980). She also

completed nurses studies at UNI (1988) and completed the Physician Assistant Program at the University of North Dakota, Grand Fork (1994). Meg achieved her Masters in Physician Assistant Studies with Specialization in Dermatology in 2007 at the University of Nebraska. She has worked for Cedar Valley Medical Specialists since March 2013. Meg currently is a PA for Dr. Congdon, an ENT and Facial Reconstruction physician. She is also the PA for the Skin Cancer Center located there. Meg enjoys camping, movies, reading, and spending time with friends. She is proud to be a 1st generation American in her family of British and Irish descent.

The **History and Necrology Committee** is in the process of putting together digital history of our club on 3 different types of media to preserve and assure the safety of our club's history digitally. I have the club's scanner and printer that I use to scan pictures into a digital form. If you are holding onto pictures that you treasure from our club's history, I would LOVE to scan them and give them back to you. I do need to know the year when the pictures were taken and information about the pictures. Thank you to everyone who has provided pictures of our club history, it is much appreciated.

This is my reinstated home email address: annlj40@aol.com You can send pictures and information of our club's history to this email address at any time, as I check my emails often. If you have pictures on your phone, computer or a picture, please share with me so I may add to what we already have.

Chris Lorenz is the current holder of our club's history in the form of scrapbooks. I do have one scrapbook. We will be preserving them, hopefully, at UNI Women's Studies Preservation Library! Still working on this! I will keep you updated! If you have any questions you can email me at any time or call 319-230-8321.

Thank You!
Ann Tippett, Chair of History and Necrology Committee