

QUOTA FLASH

Quota International of Waterloo

Quick Bits

Tuesday, May 26, 2015
Elks Club

Program
Meg Heatly, Skin Cancer

Summer Schedule

Tuesday, June 23, 2015
103 Wood Smoke Road
Denver

Lynne Jensen's House

Potluck Featuring Quota
Cookbook Recipes!

Tuesday, July 28, 2015
Irv Warren Clubhouse

Tuesday, August 25, 2015
Covenant Medical Center
Women's Center - 4th Floor

Special Thanks

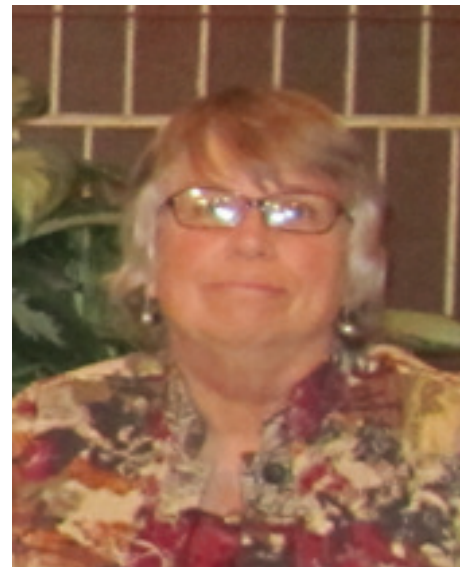
Many thanks to our previous President Sandy Lawry for two years of her outstanding leadership, accomplishments, and enthusiasm for expanding a positive image of Quota in the community!

May & June Birthdays

Marsha Stroh (5/4)
Jo Slickers (5/21)
Sandy Lawry (6/16)

President's Message

I think (hope) summer is here and the beginning of a new Quota year. Since I raised my hand somewhere lately, I guess I'm president now. I hope we can make this year better than all the others. As I stumble through trying to figure out what I'm supposed to do if you catch me doing something not quite right, please let me know. I'll do the best I can but I will make mistakes. (Just watch me with Robert's Rules of Order!) All kidding aside, this is a great group of people with many great causes so let's have a great year.



— Mary Twaites

2015-16 Leadership Team Installed

The following Quotarians were installed as officers for 2015-16 at our meeting on April 28th:

- **President** Mary Twaites
- **Vice President** Gail Carter
- **2nd Vice President** Danyelle Potter
- **Secretary** Pat Hagerstrom
- **Treasurer** Eileen Gunderson

Directors

Sandy Lawry	Jill Harlan
Oletha O'Donnell	Mary Sandberg

Brunch Time is Crunch Time for W'loo Quotarians!



Jean Moore (left) and Kerri Wilson prepare for ticket purchases at the door.



Teresa Sterrett enjoys helping a young customer select a fun "take-me-home" gift.



Ann Tippet (left) and Linda Woock set up an attractive and delicious display for Bread and Cookbook Sales.



At the head of the serving line, Sandy Lawry greets each guest and tells them something interesting and informative or fun about Quota. We're always on the look-out for new members!



Always gracious Mary Sandberg likes passing the pastries around and tempting guests to try another sweet-tooth treat.

The 2015 Quota Brunch was held on Sunday, April 19th. Deanna Rusted, chair of the event, reported that approximately 612 people were served and total revenue was \$7,019. After expenses were paid, the Brunch made a \$5,888.90 profit. Although our numbers were down a little from last year, there were many positive comments about the new sausage served and the t-shirts that members and volunteers wore. Deanna was also very happy with getting two sponsors that donated a total of \$1,250. Additionally, the program booklet contained 23 ads, resulting in a profit of \$751.

Mother's Day Project for *House of Hope*



The **Service to Disadvantaged Women & Children** committee sponsored a Mother's Day gift-making event for House of Hope families on May 5th. The project was held at the Harvest Vineyard Church on East 4th St. in Waterloo under the coordination of Ann Tippett and eight Quota volunteers. Everyone enjoyed pizza and juice for supper before taking turns at 5 craft-making stations. Each child was presented with the opportunity to paint a birdhouse, make a hanging handprint keepsake, decorate delicious sugar cookies, create a card, and decorate a gift bag to hold it all. Barbara Dee, executive director of House of Hope, was appreciative of Quota's involvement with the project and hopes to see us again next year.



Assisting the children with their gift-making at the House of Hope Mother's Day Project are Quota volunteers Barb Kotz, Joyce Kammeyer, and Kathy Buzynski (all seated). Standing: Doug Lawry, Angela Miller, Anne Parkhurst, and Ginny Salkeld with Barbara Dee. Not pictured: Ann Tippett, Sandy Lawry. A fun event for all!

April Showers Bring May Flowers!

Thanks to Eileen Gunderson and Monica Haag for helping with the ordering and delivery of our purchases from the Cedar Rapids Quota club Geranium Sale. It took an entire delivery truck to get them here!! They offered a variety of sizes from small 4" pots to large patio planters and hanging baskets. We helped fellow Quotarians raise over \$1,900 toward their fundraising efforts. So pretty!



We Care

Quota Friendship

We Share

- ★ FYI: The Yearbook Committee will be working on annual revision of the club’s directory over the next two months. Photo updates of all members are desired so the committee will be available to snap your picture at the May and June meetings or you may submit a head-and-shoulder shot of yourself by emailing it to Kathy Buzynski at the following address: buzrjb@mchsi.com. The photos are very helpful to members for learning who everyone is in the club and for correct identification of pictures that are sent for publication in the FLASH. Thank you for your cooperation in assisting us with this club project. Smile!
- ★ Our club cookbook “Spice Up Your Life With A Dash of Quota Volume II” will continue to be sold at upcoming meetings throughout the summer. The cookbook sells for \$10 and makes a great gift idea for numerous occasions. Contact Ann Tippett, Linda Woock or Kathy Buzynski for purchasing a cookbook at any time. Here’s some nice feedback to recipe contributors:

“I tried 4 recipes from the new Quota cookbook for a cookout with my family on Memorial Day. We grilled hamburgers and bratwurst patties and complimented the meats with Bayou Baked Beans (p. 53), Frosted Fruit Salad (p. 26), Crunchy Bacon Coleslaw (p. 25), and Tollhouse Oatmeal Cookies (p. 156). Every recipe I made was tasty and delicious. My family loved them all. I can’t wait to try some more!”

- ★ Check Out These **3 Instant Steps to Hearing Protection Success** from the Ear Plug Superstore Newsletter (supplier of the earplugs purchased by our club for Hearing & Speech Committee projects). Here are three steps you can take to help protect your hearing, today -- right now. And they don't cost a dime.

1. Pay Attention

Don't just tune out: pay attention to the noise levels around you. As a rule of thumb, if you think it's too loud, it probably is. If you don't have hearing protection yet, moving yourself away from the noise can seriously decrease the punishment your ears are taking.

2. Get Informed

How loud is your workplace? How about your lawnmower? What does NRR mean? How much noise is safe for a newborn? Will a single gunshot damage your hearing? Does your dog need hearing protection? Find answers immediately at (<http://blog.earplugstore.com/>).

3. Ask More Questions

Your ears are as unique as your fingerprints. How loud is too loud? What kind of earplugs do you need for your specific situation? No need to guess: just ask at info@earplugstore.com. [Ear Plug Superstore](http://www.earplugstore.com)



Objects of Quota

The business, mission and objects of Quota International shall be to seek individuals of diverse occupations committed to sharing their time, talent, and resources to met Quota International’s service goals, and more particularly:

- To serve Country and Community;
- To promote high ethical standards;
- To emphasize the dignity of all useful occupations;
- To develop good fellowship and friendship; and
- To advance ideals of righteousness, justice, international understanding and good will.